



## Diet

By Joanna Watson, Joanna Kedge

Capstone Global Library Ltd. Paperback. Book Condition: new. BRAND NEW, Diet, Joanna Watson, Joanna Kedge, Freestyle (Recreational). Filled with fascinating facts, this non-fiction collection is designed to support pupils aged 11-15 with a reading age of 11 to 13. The Recreational strand covers absorbing topics to inspire even the most reluctant readers. Teen Issues: Focusing on the sort of problems young people might encounter in their daily lives, each 'Teen Issues' title acknowledges the pressure young people are under from their peers and the media, and gives guidance and support in a lively, sympathetic positive way. This book presents case studies in addition to quotes, personal accounts and advice on how to handle situations with friends and older siblings as well as problem page experts. It also includes large photographs and different text types throughout in the form of reports, diaries, quotations and newspaper articles.



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