



## Contamination: My Quest to Survive in a Toxic World (Paperback)

By McKay Jenkins

Penguin Putnam Inc, United States, 2016. Paperback. Book Condition: New. 208 x 138 mm. Language: English . Brand New Book. An investigation into the dangers of the chemicals present in our daily lives, along with practical advice for reducing these toxins in our bodies and homes, from acclaimed journalist McKay Jenkins. A few years ago, journalism professor McKay Jenkins went in for a routine medical exam. What doctors found was not routine at all: a tumor, the size of a navel orange, was lurking in his abdomen. When Jenkins returned to the hospital to have the tumor removed, he was visited by a couple of researchers with clipboards. They had some questions for him. Odd questions. How much exposure had he had to toxic chemicals and other contaminants? Asbestos dust? Vinyl chlorine? Pesticides? A million questions, all about seemingly obscure chemicals. Jenkins, an exercise nut and an environmentally-conscious, organic-garden kind of guy, suddenly realized he'd spent his life marinating in toxic stuff, from his wall-to-wall carpeting, to his dryer sheets, to his drinking water. And from the moment he left the hospital, he resolved to discover the truth about chemicals and the healthy levels of exposure we encounter each...



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*This sort of book is almost everything and helped me looking in advance and much more. Yes, it can be enjoy, nevertheless an amazing and interesting literature. Its been written in an extremely simple way which is simply right after i finished reading this publication through which in fact altered me, alter the way i really believe.*

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